

LOQG – Retreat Supply List And Helpful Hints

Sewing Machine and Accessories

Pins, Scissors, Seam Ripper

Cutting Mat, Rotary Cutter, Rulers

Extension cords

Iron and Ironing board or mat (not everyone needs to bring this, talk to your roommate and decide who will bring them)

Projects and supplies

Design board or flannel tablecloth

Blue Painters Tape

Assortment of thread colors and neutrals

3 extra fat quarters (to play a game with, optional)

Hand sewing needles

Neutral hand quilting thread

Chalk, soap, or marking pencils

Patriotic and red' white' and blue fabrics for QOV blocks (optional)

Also don't forget Wine and Chocolate!

(Remember there is no close-by shopping, so BRING EVERYTHING! But what's nice about a retreat; if you forget something, chances are someone will have just what you need.)

Even though this is not our first retreat, I'm not sure how everything will work, but here is my version. All claims made herein are my personal opinion and not the official position of the Lake Oconee Quilt Guild or its Members.

Loading your car:

I will probably load all my "room" stuff first. I have a rolling suitcase, my "blankie" (yes, it is a quilt), and my hugging pillow. You do not have to bring any of your own linens. The lodge furnishes all sheets and towels, just like a motel would. Then I load all my sewing stuff. This works because when you arrive, you will want to take all the sewing stuff to the ballroom, which is to the left of the check in desk.. You don't have to set up right away, but you can. Then you can drive your car to your lodge room, which is to the right of the check in area. I try to put as much as I can into wheeled bags. Everything is on one level so there will be no stairs or elevator to deal with.

Stuff you can bring if you want to:

Personal comfort items like your own pillow or sewing chair are great to have, and if you have space you can bring them.

Getting there:

The address of the Lodge is : 80 Live Oak Trail, McRae, GA 31037 and phone # (229) 868-7474. If you set your GPS, it will guide you there. My cell phone # is 770-312-0474 if you have any trouble getting there.

Sewing Room:

It is a big ballroom with lots of tables. The chairs are a typical ballroom upholstered chair. If you have a tablemate that has a difficult time confining her stuff to her designated space, I suggest blue painters tape to determine everyone's space. Blue painters tape has loads of uses, bring a roll... The purple tape is prettier but not sticky enough! We do need to attempt to keep the aisles clear for safe access and egress. The sewing room is open from the first person to arrive in the morning to the last person to leave, after which it is locked. On Wednesday evening, we will meet after dinner to play a game called Left, Right, Center. Instead of playing for money, the first game will be played with fat quarters, so you will need three to gamble with. Those of you who find the game so much fun and addicting, we can play more games for "skinny quarters", so bring some of them too.

Design space:

You can bring a portable design wall or flannel-backed vinyl tablecloths (lots of choices at the dollar store). These can be taped to the walls with our blue painters tape.

Meals:

Our meals are served in the dining room of the lodge, and we will be sharing this space with other guests. We are kind, genteel and sophisticated ladies, try to remember this (Giggle).. Regular breakfast, lunch, and dinner are extra. There will be a buffet set up for each meal, but you can also order off the menu. There are also several restaurants in McRae, if you want to eat out. You can bring any snacks and drinks you want to consume in your room, and we will set up a snack table for items you may want to bring to share! We had a great assortment of items brought last year. There are no microwaves or refrigerators in the rooms.

Sewing:

You may sew from the moment you wake until you can no longer stay awake. Or, you don't have to sew at all and just visit with friends and have a great time. The sewing room is available from 1 pm on Tuesday until 1:00 pm on Friday. The last person to leave should unplug the iron and drape the cord over the board, and lock the doors. Your stuff can be left in the sewing room all the days of the retreat. Be sure to take

items like wallets, cameras and phones. I know our sewing machines are valuable, but they are quite hard to slip into a pocket.

Rooms:

The rooms we occupy are very much like a hotel room. They were renovating them last year, so I hope they are really nice! You will have daily housekeeping. Just as we are all environmentally more aware, so, too, is the Lodge. To assist in their continued efforts to save resources, please take note of the sheet and towel information posted in the room. Amenities in your room include a television, coffee maker, blow dryer, iron and ironing board, and phone. They also provide little hotel soap, shampoo and lotion. In my experience, I always need extra lotion while on retreat. Maybe all the fabric draws the moisture out of the air or as my husband says I dehydrate because I never close my mouth; isn't he a card!

Smoking:

The Lodge has adapted a smoke free policy and no longer has smoking rooms. Smoking is allowed only in designated outdoor areas.

The last day:

You will need to pack and check out of your room by 11 am. You can sew on Friday morning, but we need to be gone by 1:00pm.

If you have any questions, you can call Sally McKinley, 770-361-0449, or Kay Dejno, 770-312-0474